

PRESS RELEASE

CompuRecycling Center, Incorporated Receives \$100,000 Cigna Foundation Grant

JANUARY 31, 2023

Today, CompuRecycling Center announced a \$100,000 Cigna Foundation grant to fund its Step Up for Mental Health program, which provides access to mental health services, addresses depression, stress, anxiety, and promotes resiliency and mental well-being in ethnic minority and underserved populations.

Step Up for Mental Health provides a multitiered approach to improve the mental health literacy of community members in the Mississippi Delta by improving community members access to mental health services and improving the resiliency and mental well-being in racial and/or ethnic minority groups and underserved population in the Mississippi Delta. Step Up for Mental Health integrates into CompuRecycling Center's and its partners' activities by providing mental health screenings and access to mental health services. Step Up for Mental Health provides Mind Matters, which teaches coping skills and helps build their resiliency to youth and adults. Also, Mental Health First Aid Training is provided to veterans, college age students, workforce training students and patrons at partnering community-based organizations.

"We are grateful to receive generous funding from Cigna Foundation and we look forward to working together to improve the health and well-being of our community members in 2023," said Eva Finley, Director of Operations at CompuRecycling Center. "This grant will help us reduce stigma around mental health care, raise mental health awareness, and increase the accessibility of high quality mental health care services in the Mississippi Delta."

"CompuRecycling Center's Step Up for Mental Health program will increase access to mental health resources and support, making a difference for so many in the communities that Cigna serves," said John Webb, Cigna Tri-South President. "Mental health plays a critical role in overall health and well-being, and we are honored that the Cigna Foundation has decided to support CompuRecycling Center and the services it provides the residents of the Mississippi Delta. This grant demonstrates Cigna and the Cigna Foundation's commitment to better health in the region."

Call CompuRecycling Center at 662.335.2060 for more information.